

3RD PARIS
RYTHMIQUE
TOURNAMENT

27th of december 2009
Halle Coubertin
Paris





Paris, October, 1st 2009

To the presidents of RG associations

Madam, Sir,

The end of the year is coming, and it is high time for us to invite you to the

3rd Paris Rythmique Tournament,

We would be glad to host you for this new edition, with surprises for all the competitors. I hope that many of you will come and show us your work. You will find there all the information about that competition. If you are interested, please send us your participation folder before November, 20th, 2009, namely:

- The identification file
- The participation file
- The nominative entry
- The arrival and departure file
- The SACEM file
- The training file
- The purchase orders for the DVDs, Photos and the T-shirts
- The recapitulative file

We would be honored to host you.

Sincerely yours.

Emilie Clemenceau

President of Paris Rythmique

Linsay BEROL

Vice-President of Paris Rythmique

1. Presentation of the tournament

a. Date and place of the competition

► Date of the tournament

The 3rd Paris Rythmique tournament will occur on December, 27th at 11 AM (the hour may change; it depends of the number of participants: the definitive one will be given to you at the beginning of December).



► Place

It will happen in Paris, more precisely in the Halle Coubertin, a sports hall which hosted many competitions of judo, boxing, tennis...

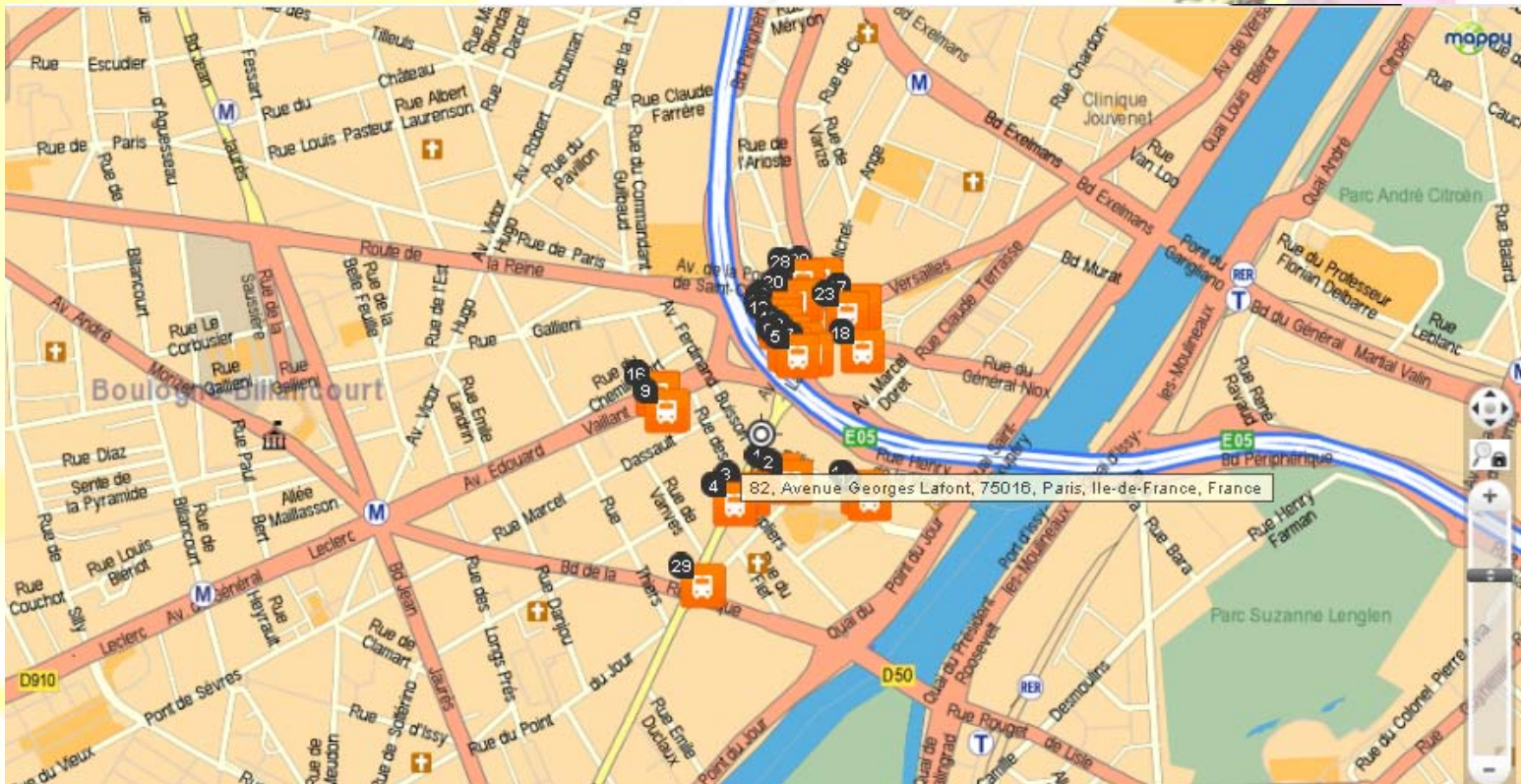
Adress of the Halle Coubertin

Halle Coubertin
82 avenue Georges Lafont
75016 Paris

► **To go to the sports hall by public transports**

- **By metro:**
 - line 9 (exit Porte de Saint Cloud) – The nearest station
 - line 8 (exit Balard) and line 10 (exit Porte d’Auteuil) – 10 mn by walk approximately
- **By tramway:** T2 (exit Balard) - 10 mn by walk approximately
- **By bus :** lines PC1, 22, 62, 72, 175, 189, 289, exit Porte de Saint Cloud

Here is a map of the Halle Coubertin and transports near it:



b. Format of the competition



► Constitution of a team

Each delegation will have to come with **an only team** with

- Two individual routines for each apparatus (2 with rope, 2 with hoop 2 with ball, 2 with clubs, 2 with ribbon), that is to say **10 individual routines in total**

- An « **extra routine** » to choose between :

- An individual routine, free apparatus
- A duet (2 gymnasts), free apparatus
- A group (5 gymnasts), free apparatus

► Age of the participants

There is no age restriction. However, here are the apparatuses that the gymnasts can present depending of their age:

- Future gymnasts (born in 1999 and after) :hoop ;
- Hope gymnasts (born in 1997 and 1998) : hoop and/or ball ;
- Juniors gymnasts (born in 1994-1995-1996) : all apparatuses ;
- Seniors gymnasts (born in 1993 and before) : all apparatuses.

c. b. Notation system

► The competition will be held under FIG Code of Points. All the difficulties are authorized. Each club will have to give the A and D files according to the current FIG Code of Points before the competition.

You have to provide mandatorily **5 copies of the files** at your arrival to the organization, or the week before the competition by e-mail.

Calculus of the mark:

► Mark: $(D + A) / 2 + E = \text{mark} / 20$

► Important

Each association will have to provide at least **one judge** for the whole competition. If an association cannot provide a judge, its participation may be questioned. Please note that a judges meeting will be held on Saturday, 26th, December at 10am (depending of the number of participants).

► Table of notation

The following table sums up the notation system used during the tournament.

Duration	Total number of difficulties needed		D1	D2	Artistic	Execution
Group 2'15 à 2 '30	12 maximum	6 exchange difficulties	/ 10 points	/ 10 points	/ 10 points	/ 10 points
Individual 1'15 à 1'30	12 maximum	FIG regulation	/ 10 points	/ 10 points	/10 points	/ 10 points
Duet 1'15 à 1'45	12 maximum	6 exchange difficulties	/ 10 points	/ 10 points	/ 10 points	/ 10 points

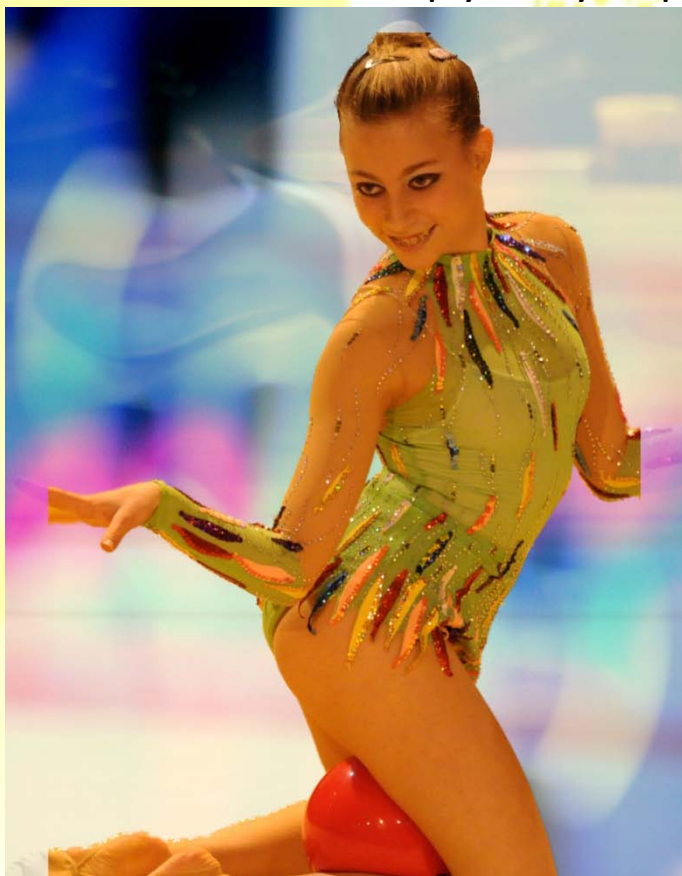
► Apparatuses

NB: the apparatuses used will have to be in accordance with the FIG norms.

d. Awards

The best teams and gymnasts will be awarded by several prizes.

► Best association - Trophy Paris Rythmique



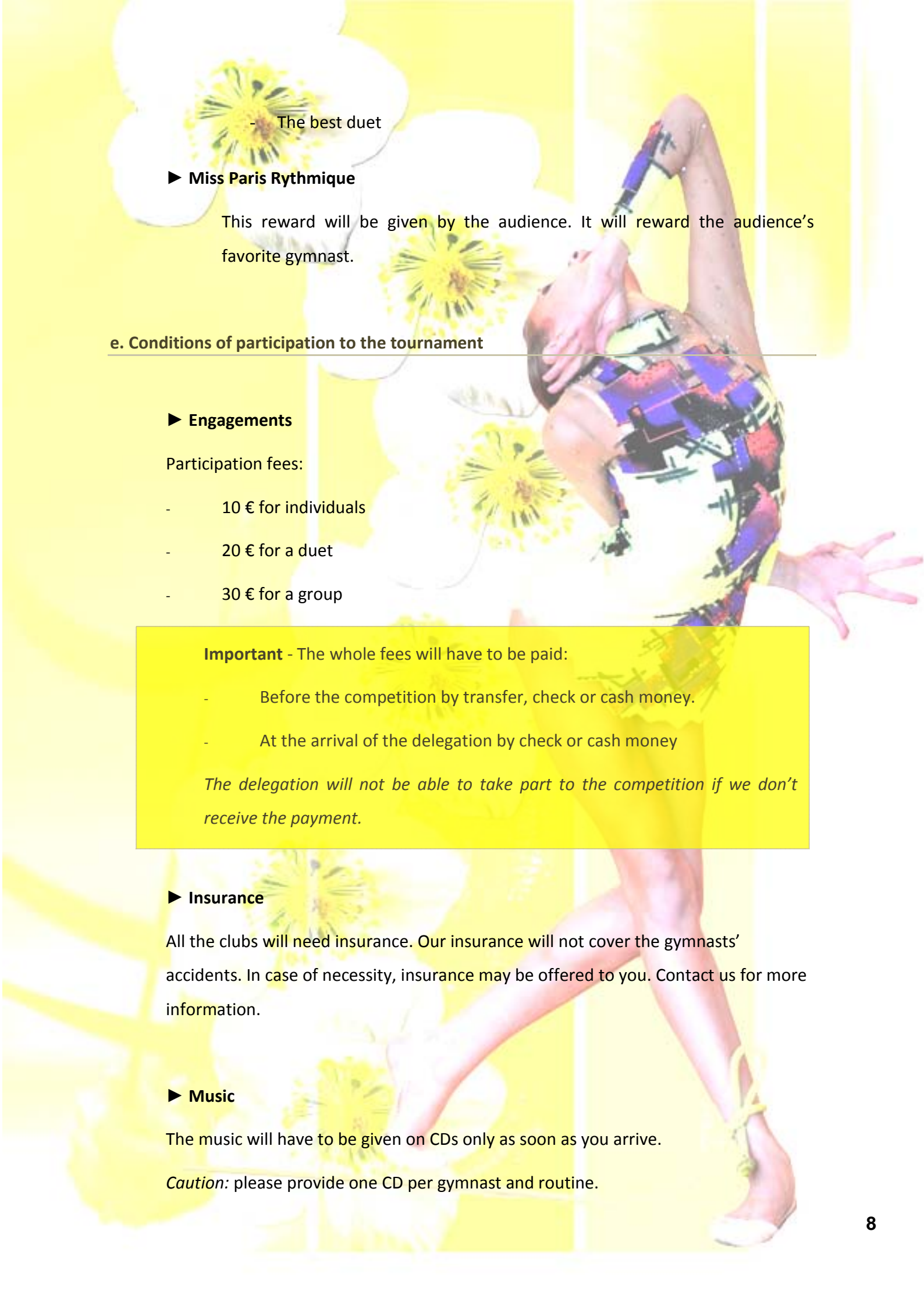
The Trophy Paris Rythmique will reward the team which will totalize the higher score after all its routines. This score cannot exceed **330 points** (cf. following details):

- 2 individuals with ball, mark out of 30 ==> **60 points**
- 2 individuals with rope, mark out of 30 ==> **60 points**
- 2 individuals with hoop, mark out of 30 ==> **60 points**
- 2 individuals with clubs, mark out of 30 ==> **60 points**
- 2 individuals with ribbon, mark out of 30 ==> **60 points**
- 1 « bonus » routine, mark out of 30 ==> **30 points**

► Medals per apparatus and ages

The best routines will be awarded as shown below:

- *Best individual routine by age category :*
 - Individuals Futures : ranking at hoop
 - Individuals Hopes : ranking at hoop and ball
 - Individuals Juniors : ranking at rope, hoop, ball, clubs and ribbon
 - Individuals Seniors : ranking at rope, hoop, ball, clubs and ribbon
- *Best formations :*
 - The best group

- 
- The best duet

► **Miss Paris Rythmique**

This reward will be given by the audience. It will reward the audience's favorite gymnast.

e. Conditions of participation to the tournament

► **Engagements**

Participation fees:

- 10 € for individuals
- 20 € for a duet
- 30 € for a group

Important - The whole fees will have to be paid:

- Before the competition by transfer, check or cash money.
- At the arrival of the delegation by check or cash money

The delegation will not be able to take part to the competition if we don't receive the payment.

► **Insurance**

All the clubs will need insurance. Our insurance will not cover the gymnasts' accidents. In case of necessity, insurance may be offered to you. Contact us for more information.

► **Music**

The music will have to be given on CDs only as soon as you arrive.

Caution: please provide one CD per gymnast and routine.

f. Material



A Gymnova carpet will be available during the competition (cf. photo below).

During the training, some mats will be installed so that gymnasts can warm up comfortably.

g. Exhibition

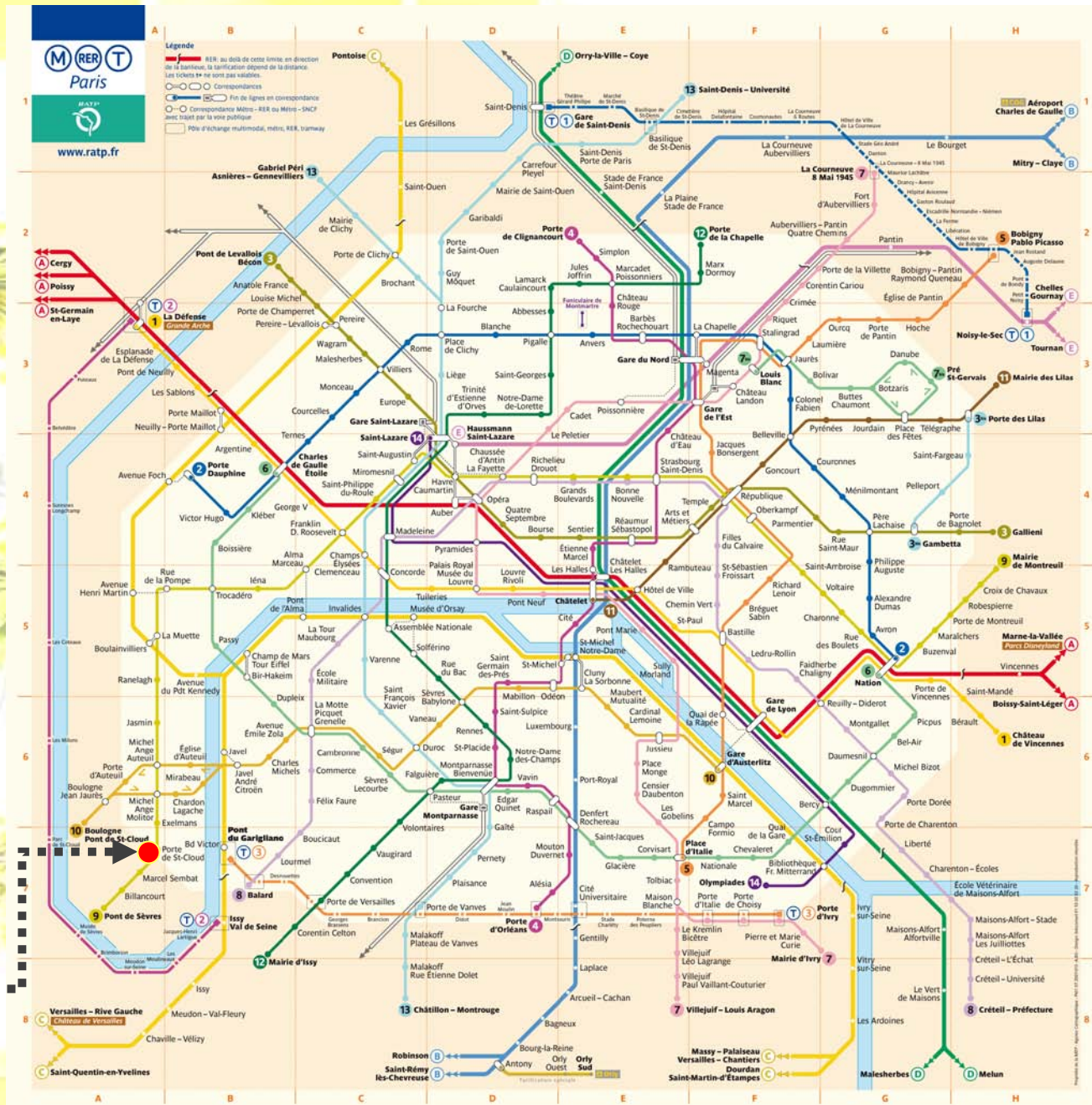
Each association is invited to show an exhibition at the end of the competition. An award will be offered by the organization for the most beautiful exhibition. If you want to show one, precise it on the engagement file page 19.

► Important

Each exhibition will have to last maximum 2min.30sec.

Useful: the map of the Parisian subway

You can download it on : [.ratp.fr](http://www.ratp.fr).



Station Porte de Saint Cloud, to go to the Halle de Coubertin

2. Administrative Information

a. Contact of the organization

Don't hesitate to contact us for more information:

► Emilie Clemenceau (President)

emilieclemenceau@hotmail.com

+33 6 62 41 58 26

► Lindsay Berol (vice-President)

lindsayberol@gmail.com

► Website

<http://parisrythmique.free.fr>

b. Permanence

Phone permanence will be settled until Saturday, December, 26th at 10 AM. To contact it, call 06 62 41 58 26.

Permanence will also be in the sports hall on Saturday, 26th, December from 2PM to 8PM. During that permanence, you will be able to take your association's folder and to let your gymnasts train.

c. Provisional schedule

The following schedule is not final; it will be given to you in the club file that you will receive at your arrival.

► Saturday, December, 26th

14h-20h Training (schedule will be given a week before the tournament)

► Sunday, December, 27th

9h-11h Training (schedule at your arrival)

11h-13h30 1st group

13h30-14h30 Break

14h30-17h 2nd group

17h-17h30 Break

17h30-18h30 « Bonus » routine

18h30-19h Exhibitions

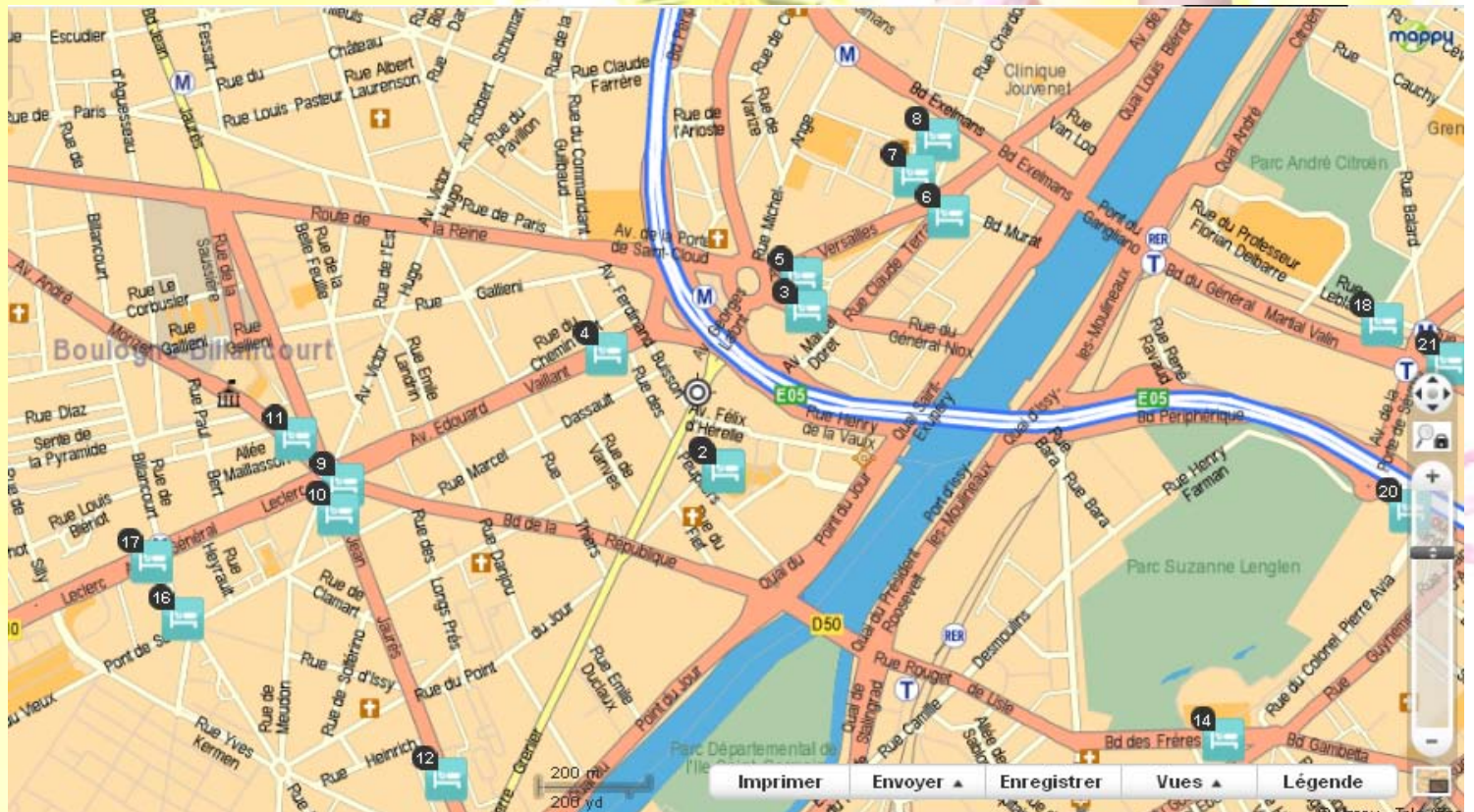
19h-20h Award ceremony

20h Banquet

3. Technical Information

a. Accommodation

► Other hotels near the sports Hall



2. Mercure Paris Porte de St Cloud ****

► 37 place René Clair

92100 Boulogne Billancourt

► From 125 €/ night

3. Murat ***

► 119 Bis Boulevard Murat

75016 Paris

► From 62 €/ night

4. Radisson Blu Hotel Paris ****

▶ 33, avenue Edouard Vaillant

92100 Boulogne Billancourt

▶ From 116 €/ night

5. Holiday Inn Garden Court Paris

▶ 21, rue Gudin

75016 PARIS

▶ From 107 €/ night

6. Classics Hotel Tour Eiffel ***

▶ 11, rue Claude Terrasse

75016 PARIS

▶ From 75 €



7. Boileau **

▶ 81, rue Boileau

75016 PARIS

▶ From 64 €

8. Exelmans **

▶ 73, rue Boileau

75016 PARIS

▶ From 60 €

9. Timotel Paris Boulogne ***

▶ 92, boulevard de la République

92100 Boulogne-Billancourt

▶ From 60 €

10. Hotel B Paris Boulogne **

▶ 210 bis, boulevard Jean Jaurès

92100 Boulogne-Billancourt

▶ From 65 €

11. Campanile Paris Ouest Boulogne **

▶ 5, rue Carnot

92100 Boulogne-Billancourt

▶ From 70 €

12. Hôtel Balladins Boulogne-Billancourt Superior **

▶ 251, boulevard Jean Jaurès

92100 Boulogne-Billancourt

▶ From 49 €

13. Etap Hôtel Issy-les-Moulineaux *

▶ 12, rue Jacques-Henri Lartigue

92130 Issy-les-Moulineaux

▶ From 58 €

14. Gabriel **

▶ 32, boulevard des Frères Voisins

92130 Issy-les-Moulineaux

▶ From 79 €

15. Campanile Paris Issy-les-Moulineaux **

▶ 213, rue Jean-Jacques Rousseau

92130 Issy-les-Moulineaux

▶ From 69 €

b. Restoration

There are many restaurants (and for all tastes) in Paris. During the competition, you will have the possibility to go to the snack located in the sports hall, in order to buy sweets, sandwiches, cakes and drinks

We are also organizing a system of lunchboxes for the delegations. It is a useful solution but also a balanced meal. It will be constituted by the following elements (if there are no changes):

1 sandwich

Chips

Apple

1 drink



In order to be organized properly, we need to know the number of lunchboxes to constitute; you can order some right now for 6euros each. If you are interested, please fill the file page 26 (“information about your participation”).

c. Photos

A photo stand will be settled during the whole competition. You will be able to see there the pictures, directly on a screen, and to make your selection! You will also be able to have a photo session. The pictures will be sold 10 euros each.

4. Information about your participation

The following files have to be sent before November 20th to:

► **Emilie Clemenceau (President)**

251, quai de Stalingrad

Appartement B34

92130 Issy-les-Moulineaux

France

emilieclemenceau@hotmail.com

parisrythmique@free.fr

+33 6 62 41 58 26

► **Important :**

- In order to validate your participation, all the following files have to be sent before November, 20th. If it's not the case, we may cancel your participation.
- Only the 12 first answers will be treated. If you are interested, let us know it fast.
- **Your participation will be validated as soon as you receive a confirmation mail. Please do not buy tickets or reserve hotel before you get it.**

Name of the association

Responsible during the trip

Name/ 1st name

Contact

Delegation head (which can be contacted during the tournament)

Name/ 1st name

Contact

Accreditation request

• **Judges**

1. Name / 1st name

2. Name / 1st name

3. Name / 1st name

Total :

.....

• **Coaches**

1. Name / 1st name.....

2. Name / 1st name.....

3. Name / 1st name

Total :

.....

• **Others**

1. Name / 1st name

2. Name / 1st name

3. Name / 1st name

Total :

.....

Name of the association

INDIVIDUAL GYMNASTS				
N°	Name	1st name	Birth date	Apparatus
1				Rope
2				Rope
3				Ball
4				Ball
5				Hoop
6				Hoop
7				Clubs
8				Clubs
9				Ribbon
10				Ribbon

BONUS ROUTINE			
CATEGORY	Name and first name	Birth date	Apparatus(es)
<input type="checkbox"/>			
<input type="checkbox"/> Duet			
<input type="checkbox"/> Group			

EXHIBITION	
<input type="checkbox"/>	Yes my association will present a gala
<input type="checkbox"/>	No, my association will not present any gala

Total of gymnasts :



WITHDRAWAL FILE

This file has to be sent as soon as possible, if a gymnast withdraws, to :

► **Emilie Clemenceau (President)**

251, quai de Stalingrad

Appartement B34

92130 Issy-les-Moulineaux

France

emilieclemenceau@hotmail.com

parisrythmique@free.fr

+33 6 62 41 58 26

☐ **Name of the association**

WITHDRAW			
Name	First name	Category	Reason

Fill the following file and indicate the hour of your arrival and departure for the tournament.

Name of the association

The delegation will arrive on:

December,, 2008 at H

- By train Station :
- By plane Airport :
- By bus/ subway
- By car

The delegation will leave on:

December,, 2008 at H

- By train Station:
- By plane Airport :
- By bus/ subway
- By car



SACEM FILE

Please fill the title and composer for each music used, as well as its duration.

☐ Name of the association

SACEM FILE			
Gymnast	Title	Composer	Duration
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			
Bonus			

If you want to train, some sessions are available at the Didot sports hall on Friday from 3PM to 7PM. If you want some, send us the following file.

Name of the association

- YES**, I want to train on Friday, 19th, December. The training schedule will be given to me in the association folder when I arrive.

ORDER OF THE OFFICIAL T SHIRT

The official t shirt of the tournament is a superb souvenir of this week end to offer to your gymnasts. You can pre-order them for 12€. You will also be able to buy some directly in the sports hall during the tournament for 15€.



Presentation of the T-shirt

The t-shirt, a short sleeve one (cf picture on the left) will be made with the logo of the Tournament.

<< Example of t-shirt

OFFICIAL T-SHIRT PURCHASE ORDER

Name of the association

TSHIRTS BOUGHT

Quantity

Size (S, M or L)

Price for 1 t-shirt 12€

Total price

PURCHASE ORDER FOR THE DVD OF THE COMPETITION

At the end of the competition, a DVD will be available and will offer you the possibility to relive the best moments of the competition. Order it now !

Presentation of the DVD

The DVD will contain all the routines of each team, as well as the exhibitions presented at the end of the competition. It costs 20€.

PURCHASE ORDER FOR THE DVD OF THE COMPETITION

Name of the association

DVDS BOUGHT

Quantity

Price for a DVD 20€

Total price

LUNCHBOXES PURCHASE ORDERS

As announced above, we offer you the possibility to order lunchboxes available on the mid day of the tournament for 6€ each. They will contain (if no change) :



- 1 sandwich
- Crisps
- 1 fruit
- 1 drink

If you are interested, please fill the following file.

RESTORATION PURCHASE ORDER

Name of the association

Number of lunchboxes

Total price€

RECAPITULATIVE FILE

Name of the association

Participation

Number of individualsX 10 € =..... €

DuetX 20 € =..... €

GroupX 30 € =..... €

TOTAL 1 =

Official T-shirts

Number of T-shirts boughtX 12 € =..... €

TOTAL 2 =

DVD of the competition

Number of DVD boughtX 20 € =..... €

TOTAL 3 =

Restoration

Number of lunchboxesX 6 € =..... €

TOTAL 4 =

GENERAL TOTAL =

Cash money, transfer (before the competition)
or check to Paris Rythmique,
to give mandatorily at your arrival.
If fees are not given, your participation could be reviewed.